

ST THERESE OF LISIEUX FOOD BANK

PLEASE DONATE PACKAGED AND NON-EXPIRED ITEMS FROM THE LIST. INDIVIDUAL FOOD BAGS WILL BE PREPARED AS UNIFORM AS WE CAN MAKE THEM TO FEED THOSE WHO COME TO US REQUESTING FOOD. OUR GOAL IS TO BUILD BAGS WITH ENOUGH FOOD TO FEED A SMALL FAMILY FOR UP TO 3 DAYS.

PASTA, DRIED (SPAGHETTI, MACARONI, ANGEL HAIR, LINGUINI)

SPAGHETTI SAUCE

SOUPS, CANNED (INCLUDES RAVIOLI, SPAGHETTIO'S OR SIMILAR ITEM)

VEGETABLES, CANNED (COMMON VARIETIES THAT ARE USUALLY WELL LIKED, PEAS, CARROTS GREEN BEANS CORN)

CANNED, BEANS (BAKED BEANS, PINTO BEANS, KIDNEY BEANS)

CANNED TUNA

RICE, BOXED OR BAGGED INSTANT OR NOT (LONG GRAIN OR MINUTE TYPE)

RAMEN NOODLES, PACKAGES OR INSTANT SOUP VARIETIES

CRACKERS (SALTINES PREFERRED, OR RITZ TYPE)

PEANUT BUTTER

JELLY (COMMON FLAVORS, GRAPE STRAWBERRY OR RASPEBERRY)

GRANOLA BAR, CEREAL BARS, FRUIT BARS (ITEMS MUST BE PACKAGED AND NOT REQUIRE REFRIGERATION)

PACKAGED RAISINS.

CANNED FRUIT

APPLE SAUCE (JARS OR INDIVIDUAL PACKAGES)

CEREAL, BOXED

NUTS (PEANUTS, ALMONDS WALNUTS ETC.)

POWDERED MILK or PARMALAT MILK

INSTANT POTATOES

POPCORN (ALREADY POPPED OF MICROWAVEABLE PREFERRED).

OATMEAL

CREAM OF WHEAT

**** GROCERY BAGS WILL ALSO BE APPRECIATED. Bins will be available in the of the church for donated food items.**

PERISHABLE ITEMS, SUCH AS FRESH FRUIT, DAIRY AND MEAT PRODUCTS WILL NOT BE ACCEPTED DUE TO SHELF LIFE AND PROPER STORAGE CONCERNS. CASH DONATIONS ARE ALSO ACCEPTABLE.

